



UNIVERSITY OF EVANSVILLE

Office of Institutional Equity

ALLYSHIP NEWSLETTER

November 2020

WORLD KINDNESS DAY - NOVEMBER 13, 2020

How to be an Ally

Being an ally means...

1. Using your privilege to advocate for others.

- If you are an able-bodied person who can, attend rallies that raise awareness for certain marginalized groups.

2. Amplifying voices of those in marginalized groups.

- Using your social media to share information pertaining to social justice.

3. Standing up against hate.

- If you hear someone making an offensive joke, explain why it is hurtful.

4. Acknowledging that the conversation is not about you.

- If there are marginalized persons present, allow them to lead the conversation pertaining to their rights.

5. Taking on the struggle of the oppressed as your own.

- Vote for policies that may not affect you but will benefit someone struggling.

6. Continuing to educate yourself and others.

- Read sources on information pertaining to marginalized groups and share them with others

Claiming to be an ally is much easier than being an ally. To be a real ally, you must continue these actions regardless of how uncomfortable it may be.

“An individual from an underinvested community cannot easily cast away the weight of their identity (or identities) shaped through oppression on a whim. They carry that weight every single day, for better or for worse. An ally understands that this is a weight that they, too, must be willing to carry and never put down” (Lamont, n.d.).

The Rules...

1. Educate yourself.

- Although it is okay to ask questions, do not rely on your marginalized friends to educate you on topics of systemic oppression. Be responsible in educating yourself!

2. Remember that it is not about you.

- Standing up for marginalized individuals you care about can be emotional. Be sure to not project those feelings on them.

3. Listen to and accept criticism.

- Mistakes are expected. Always apologize and do not take criticism offensively.

4. Be consistent

- Continue to be an ally even when the news about a specific group is not highlighted in the media.

5. Empower

- Use your unique privilege to benefit and empower others in whatever way you can!

6. Stand up

- When you notice a person being discriminated against, stand up for them. Your voice alongside that of an oppressed person can be incredibly powerful!

7. Collaborate

- Work with others in making change and establish a support system for yourself.



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